



PCIT & CARE TRAINING

CENTER FOR CHILD
& FAMILY HEALTH

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WELCOME!
PCIT TRAINING INFORMATION CALL
NOVEMBER 6, 2019

PCIT & CARE TRAINING FACULTY AND STAFF

PCIT Training:

Robin H. Gurwitch, PhD
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Master Trainer, PCIT International

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Program Manager:
Breanna Williams

Contracts Manager:
Katharine Cannon

CALL ADENGA

- PCIT Training Overview
- Overview of PCIT
- Participation Requirements and FAQs
- Key Project Dates
- Questions and Answers





OVERVIEW OF PCIT

ACCOLADES

- Families First Prevention Services Act (2018)
- California Clearing House for Evidence Based Practices
- SAMHSA's National Registry of Evidence-based Programs and Practices reviewed PCIT (2009)
- National Child Traumatic Stress Network (2005) selected PCIT as an evidence based practice
- Ewing Marion Kauffman Foundation (2004) determined PCIT to be one of three “best practices” for working with children with a history of maltreatment

PARENT-CHILD INTERACTION THERAPY

Balances Two Factors...

1. Positive Interaction with the Child

- Child Directed Interaction (CDI)
- Increase positive attention
- Decrease negative attention

2. Consistent Limit Setting

- Parent Directed Interaction (PDI)
- Consistency, Predictability, & Follow through



OUTCOMES OF PCIT

- Increased positive parent-child interactions
- Increased parent-child attachment
- Improved parent-child relationship
- Reduced negative behaviors
- Improved frustration tolerance and emotion regulation
- Improved school behaviors
- Improved behaviors in untreated siblings
- Improved attention
- Reduced parenting stress
- Improved maternal depression

WHAT MAKES PCIT DIFFERENT

- Emphasis on parent-child interaction patterns
- Assessment driven
- Mastery (Criteria) based
- Parents and child together in treatment
- Live coaching of skills





APPROPRIATE CASE SELECTION FOR PCIT TRAINING

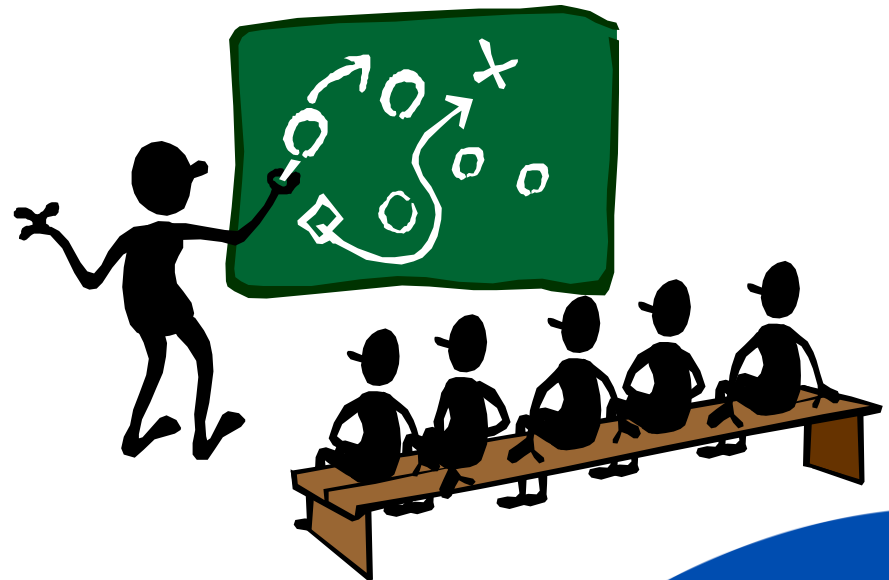
PCIT KIDDOS

- Who is appropriate for PCIT during training?
 - Families with children 2.5 – 6 years
 - Presenting problem: behavior challenges due to a variety of reasons, including trauma
 - Child may have other mental health concerns
 - At least one caregiver able to participate regularly and with ability to practice **at least 3 times weekly** with the child in addition to therapy session

PCIT PARENTS

- Treatment success requires:
 - Regular attendance and practice
 - Assess parent ability to attend weekly sessions
 - Discuss “homework” component up front
 - Parent skill acquisition
 - Some tailoring possible for delayed parents
 - IQ < 75 likely inappropriate
 - Parent may have mental health concerns

PARTICIPATION REQUIREMENTS & FREQUENTLY ASKED QUESTIONS



AGENCY REQUIREMENTS

- Must serve children within the appropriate age range (2 ½ to 6) and their caregivers for a length of time sufficient to complete treatment
- Must allow time for trainees to participate in ongoing training and consultation for approximately 13 months
- Must have appropriate clinical treatment space
 - Traditional set-up
 - Alternative set-up
- Must have the ability to record sessions, including video and audio of the family and audio of the therapist coaching
- Must provide internet access for clinicians to engage in on-line training calls, uploading materials, and access training resources
- Must have the capacity to purchase and provide clinical assessments (i.e., Eyberg Child Behavior Inventory)

SENIOR LEADER ROLE & RESPONSIBILITIES

- At least one Senior Leader is required per agency team
- Should be someone with authority to make decisions within the agency regarding time and resources
- Required to attend at least parts of the face-to-face learning sessions with their team and participate group and/or individual calls monthly

CLINICIAN ROLE AND RESPONSIBILITIES

- Must meet the requirements of PCIT International
 - Masters level clinician, licensed or under supervision for licensure
 - Currently serving children and families in the PCIT age range (2 ½ to 6)
 - Able to meet requirements for participation including:
 - Attendance at all face-to-face training sessions,
 - Timely and ongoing case identification and enrollment,
 - 60 minute consultation calls every other week with assigned clinical faculty until all training requirements have been met.

KEY PROJECT DATES

PCIT FUNDAMENTALS APPLICATION & TRAINING – IMPORTANT DATES

NOVEMBER 7, 2019	Application opens
SEE BELOW	Informational Webinars
DECEMBER 20, 2019	Application deadline
LATE JANUARY 2020	Notification of acceptance
JANUARY - MARCH 2020	Virtual site visits/"Space and Tech" consultation to accepted agencies
SPRING 2020	In-Person Learning Session 1 - 4 Days
SUMMER 2020	In-Person Learning Session 2 - 3 Days
SPRING 2021	Learning Collaborative Ends: Trainees who have completed requirements apply for PCIT Certification

We hope you will join us for any additional questions on our next webinar on November 19, 2019!

TO APPLY:

- Team applications are available at:
https://duke.qualtrics.com/jfe/form/SV_6DO3QNZWHkraL5P
- Please note: Applications have **TWO** parts:
 - Part 1: Should be completed by an agency Senior Leader
 - Part 2: Should be completed by each of the clinicians applying
- If you have any questions please contact Breanna Williams at breanna.williams@duke.edu or 919-385-0716

QUESTIONS?



For more information on PCIT please use the following links:

www.ccfhnc.org

www.pcit.org